



# Melanie Davidson

Chief Executive Officer, Medilink Midlands



Rehab Technologies  
Network

# Rehabilitation Technologies

Wednesday 1 May  
Charnwood Campus, Loughborough







# Rehab Technologies Network

## Programme

9:40am	The National Rehabilitation Centre (NRC) Programme, Miriam Duffy, NRC Programme Director, Nottingham University Hospitals NHS Trust
9:55am	Defence Medical Rehabilitation Centre (DMRC) Rehabilitation Priorities, Wg Cdr Alex Scott – Consultant Rehabilitation Medicine and NRC Interoperability Project Lead
10:05am	Rehabilitation Sciences – Working with Industry, Professor Mark Lewis – NRC Academic Lead, Loughborough University and Professor Pip Logan – NRC Academic Lead, University of Nottingham
10:30am	Case Study Project Spotlight, Dr Jacqueline Hicks – Research Network Manager, EPSRC Network+ in Rehabilitation Technologies, University of Nottingham
10:30am	Panel Q&A Session
10:50am	NIHR i4i Programme Review, Dr Helen Compton, Stakeholder Engagement Manager, NIHR
11:00am	Break, refreshments and networking



# Rehab Technologies Network

## Programme continued

11:30am	Working with the NRC to overcome pragmatic barriers and challenges in the use of rehabilitation technology, Praminda Caleb-Solly – Professor of Embodied Intelligence, University of Nottingham
11:45am	Breakout groups: what would be useful to industry when looking to do R&I within the NRC, with university and clinical partners?
12:20pm	Feedback from breakout groups
12:50pm	Closing remarks and next steps
13:00pm	Lunch and networking
14:00pm	Close





# MEDILINK MIDLANDS **BUSINESS AWARDS 2024**

THURSDAY 9 MAY 2024 | 7:00PM - 12:00AM

ATHENA LEICESTER

**#MMBizAwards24**



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# Award Finalists



Advances in  
Digital  
Healthcare

Black Space Technology  
**Blüm Health**  
iethico  
**Select Research**  
Emerging Markets Quality  
Trials (eMQT)

Export  
Achievement

Addfield Environmental Systems  
**BioCare**  
Cellomatics Biosciences  
**Salts Healthcare**

Delivering  
Innovation  
into Health  
and Care

Cytecom  
iethico  
Informed Genomics  
**MICA Biosystems**  
VUIT Data Labs

Innovation

Ademen  
**Bioxhale**  
Eureka inventions  
**Guardtech Group**  
Neurotherapeutics

# Award Finalists



Outstanding  
Achievement

**Clinitouch by Spirit Health**  
**Neurotherapeutics**  
**Upperton Pharma Solutions**

One to  
Watch

**Ademen**  
**Black Space Technology**  
**MICA Biosystems**  
**Neurotherapeutics**  
**Sanera Innovations**

Start Up

**ChangeXtra**  
**ExpHand Prosthetics**  
**MESOX**  
**Moti Me**  
**VUIT Data Labs**  
**The Essential Baby Co in the  
Community CIC**

Sustainability

**iethico**  
**Pennine Healthcare**  
**Zanzo Facilities Management**  
**PBS Innovations trading as The  
Social Architex**



# Award Finalists

A gold, circular award seal with a serrated edge, containing the text 'Partnership Between Academia and Business' in black.

Partnership  
Between  
Academia  
and Business

**City of Glasgow College (Faculty of Education and Humanities) & i3 Simulations**

**Faculty of Science/School of Psychology University of Nottingham (UoN) & Neurotherapeutics**

**Healthcare Technologies Institute (HTI), School of Chemical Engineering, College of Engineering and Physical Sciences, University of Birmingham (UoB) & Salts Healthcare**

**Nottingham Trent University & Medical Technologies Innovation Facility (MTIF)**

**University Hospitals of Derby and Burton NHS Foundation Trust & Telea**



# National Rehabilitation Centre (NRC)





# Programme Background

- 2009 Defence and National Rehabilitation Centre Programme (DNRC), formal programme with National Rehabilitation Centre (NRC) at the heart
- 2012, national recognition through Olympic legacy and major trauma system of the huge gap in rehabilitation services
- 2018 Defence Medical Rehabilitation opened
- NUH to deliver NHS facility which will be a **national centre** of clinical and academic excellence to transform outcomes for patients requiring rehabilitation
- 2021 the NRC became part of the National New Hospital Programme (NHP) as a front runner scheme and test bed for digital innovation, Carbon Net Zero and MMC. Due to be complete in Nov 2024





# Rehabilitation opportunity

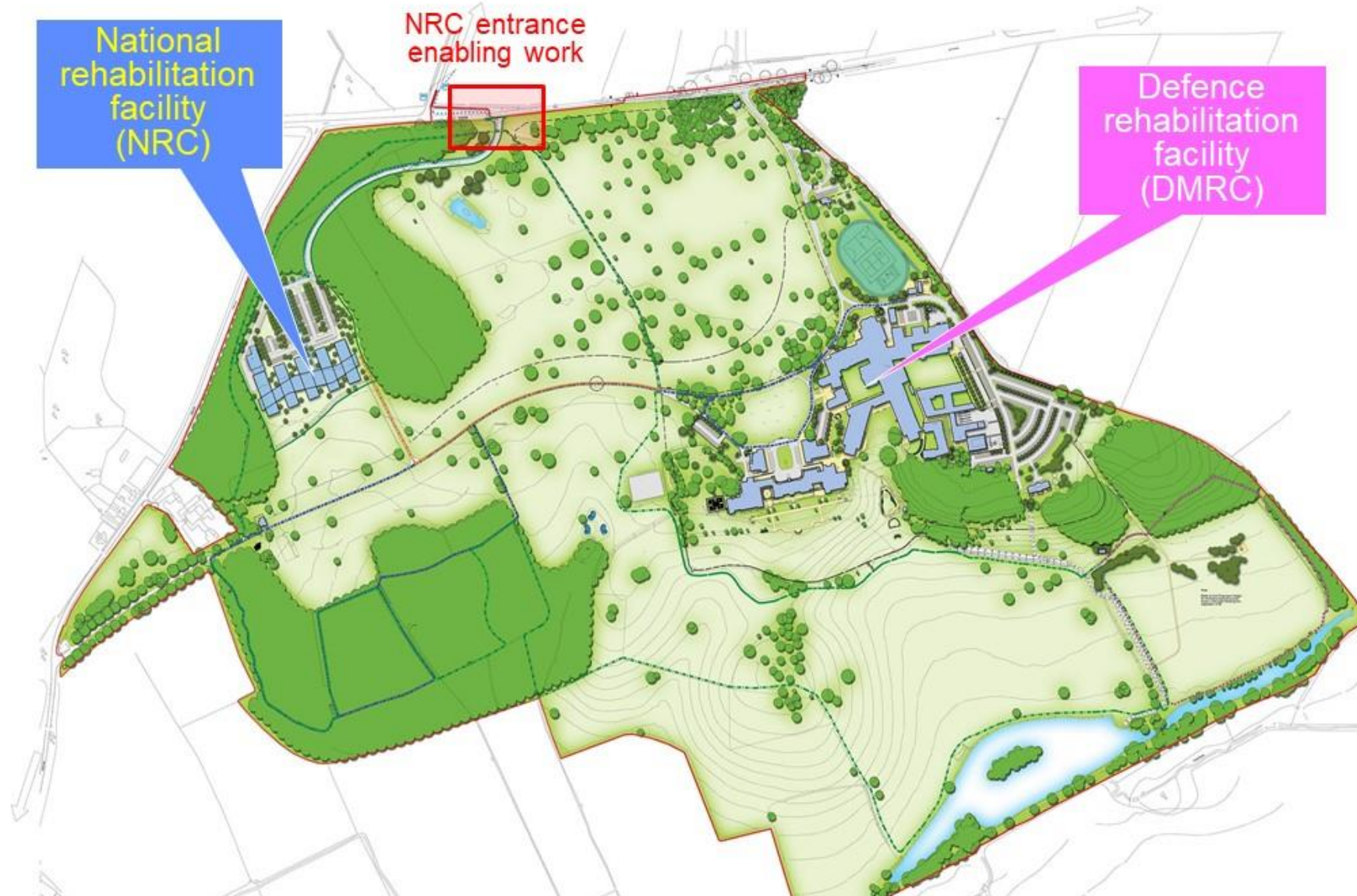
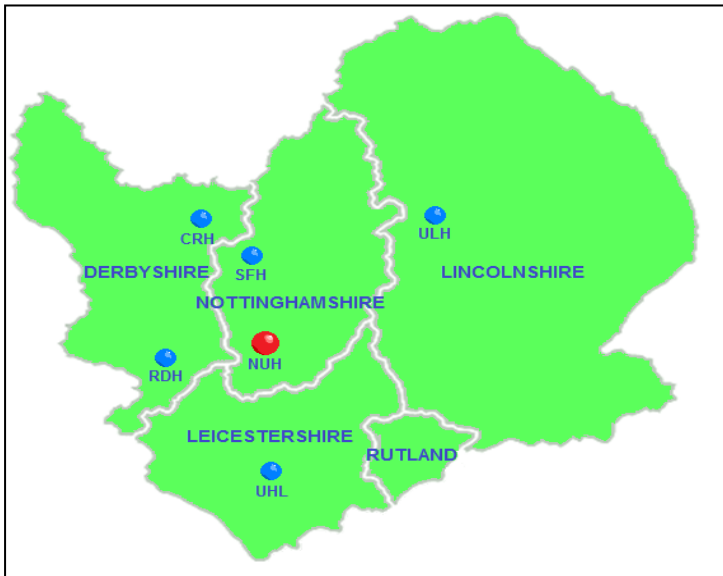
- Ambition to become world leading rehabilitation centre in clinical, training and research providing a national hub with shared facilities with the Defence Medical Rehabilitation Centre.
- A new 70 bed facility configured as a three storey, 10,121m<sup>2</sup> building on the at Stanford Hall Rehabilitation Estate (SHRE).
- The building is configured as a series of five pavilions including integrated shared facilities to the ground floor with 2 x 35 bed wards on levels 1 and 2.
- Opportunity for the first time for industry to work with clinical teams and researchers in one space.
- Reconfigure and roll out new rehabilitation clinical model to deliver better outcomes and cost-efficient service
- Ambitious research programme of work



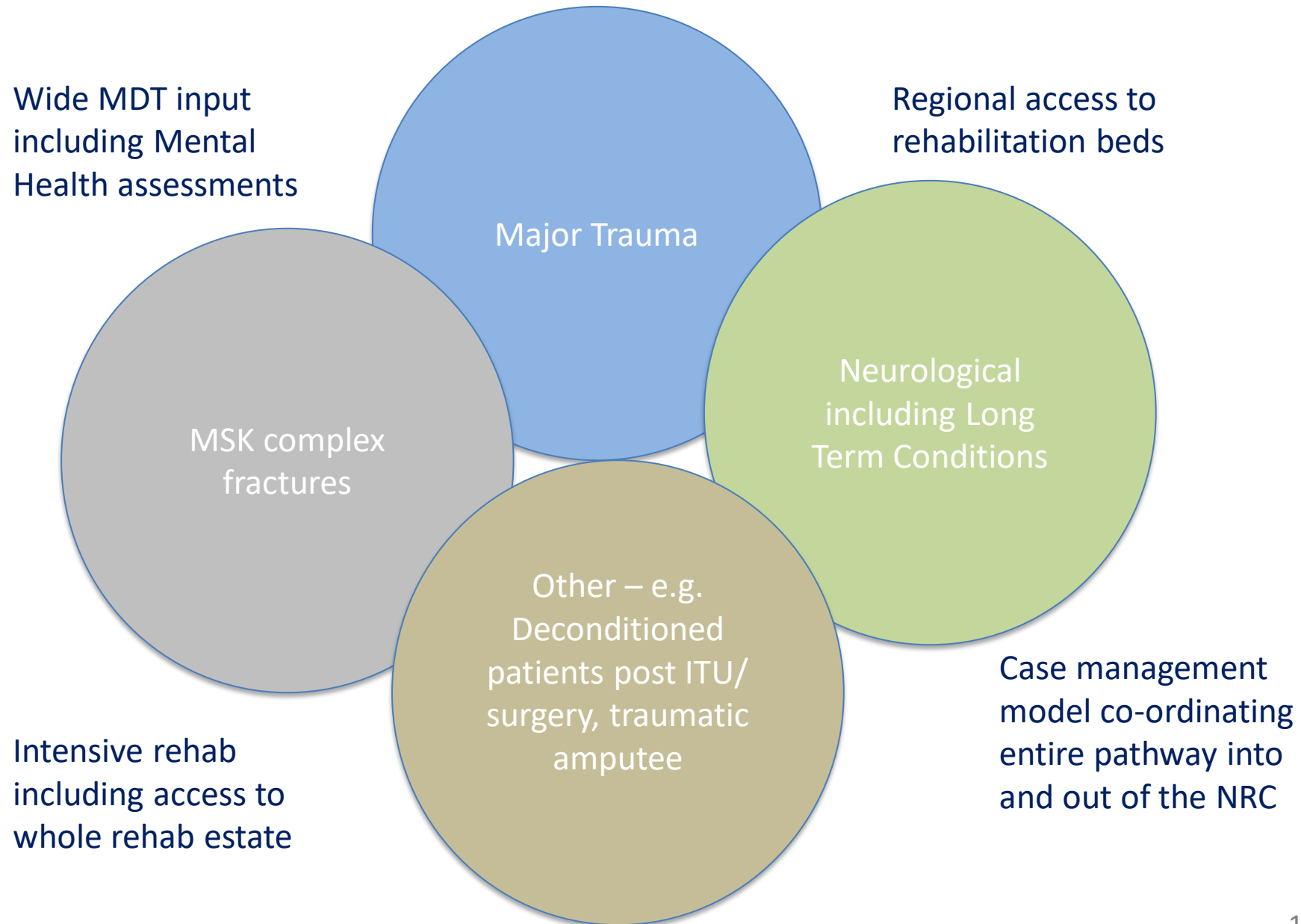
# NRC Site Location

## Colocation of facilities on the Stanford Hall Rehabilitation Estate;

- Trim trails
- Hand cycle track
- Pitch and putt
- Fishing lake



# Patient cohorts





# Sharing with DMRC

Opportunity for shared access to state of the art facilities at the defence site

- Virtual reality gait lab (CAREN)
- Hydrotherapy pool
- Diagnostics
- Wider rehabilitation estate gardens and parkland
- Sharing expertise as well as research opportunities



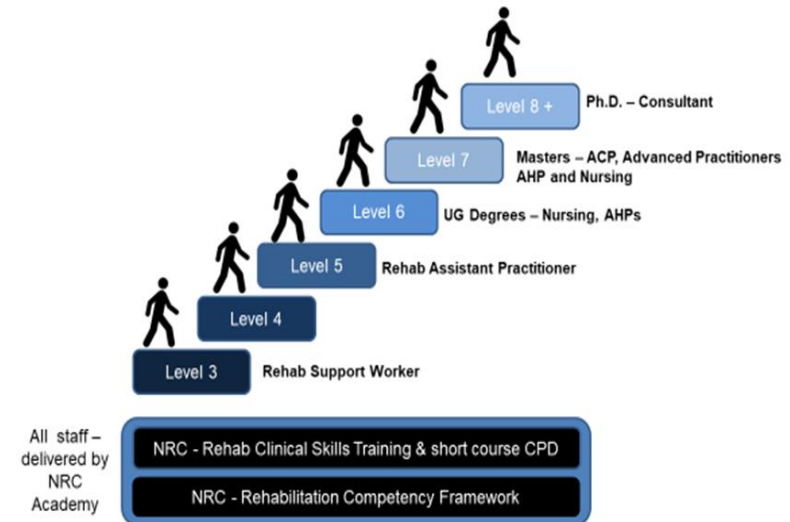
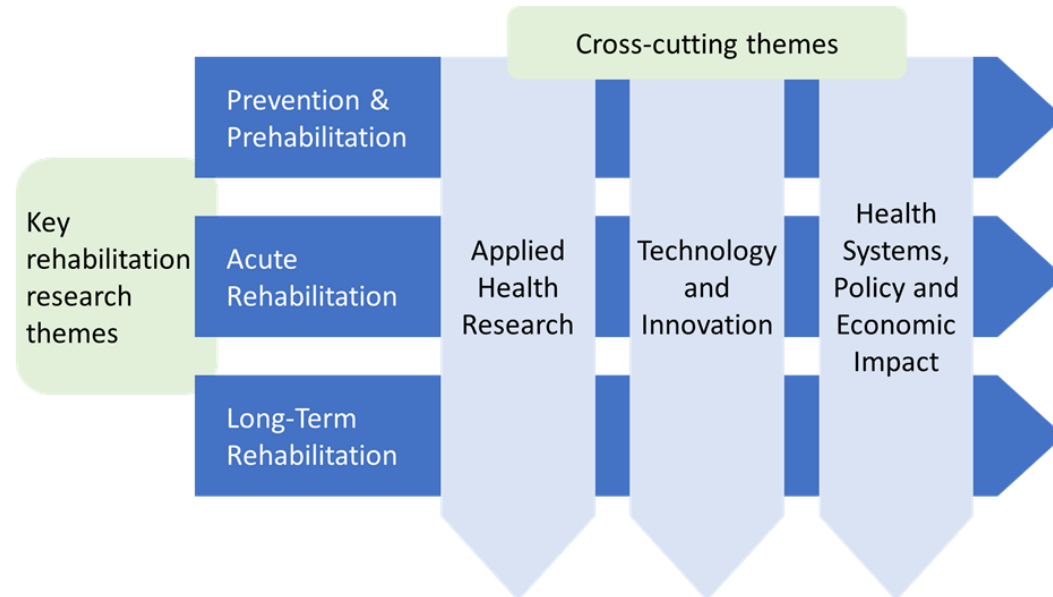
# Academic Partnership



# Academic Partnership

## Home to the NRC Training Academy, we will:

- Provide evidence-based, cutting-edge training to address the needs of the rehabilitation speciality across all disciplines
- Improve patient outcomes by equipping staff with evidence-based training opportunities
- Put research and innovation at the heart of education and training to drive the field of rehabilitation forward





# Innovation space

## Innovation space

- Dedicated space in the building
- Offer to work with NRC
- Enable partnerships
- Accelerate design process



Clinical teams



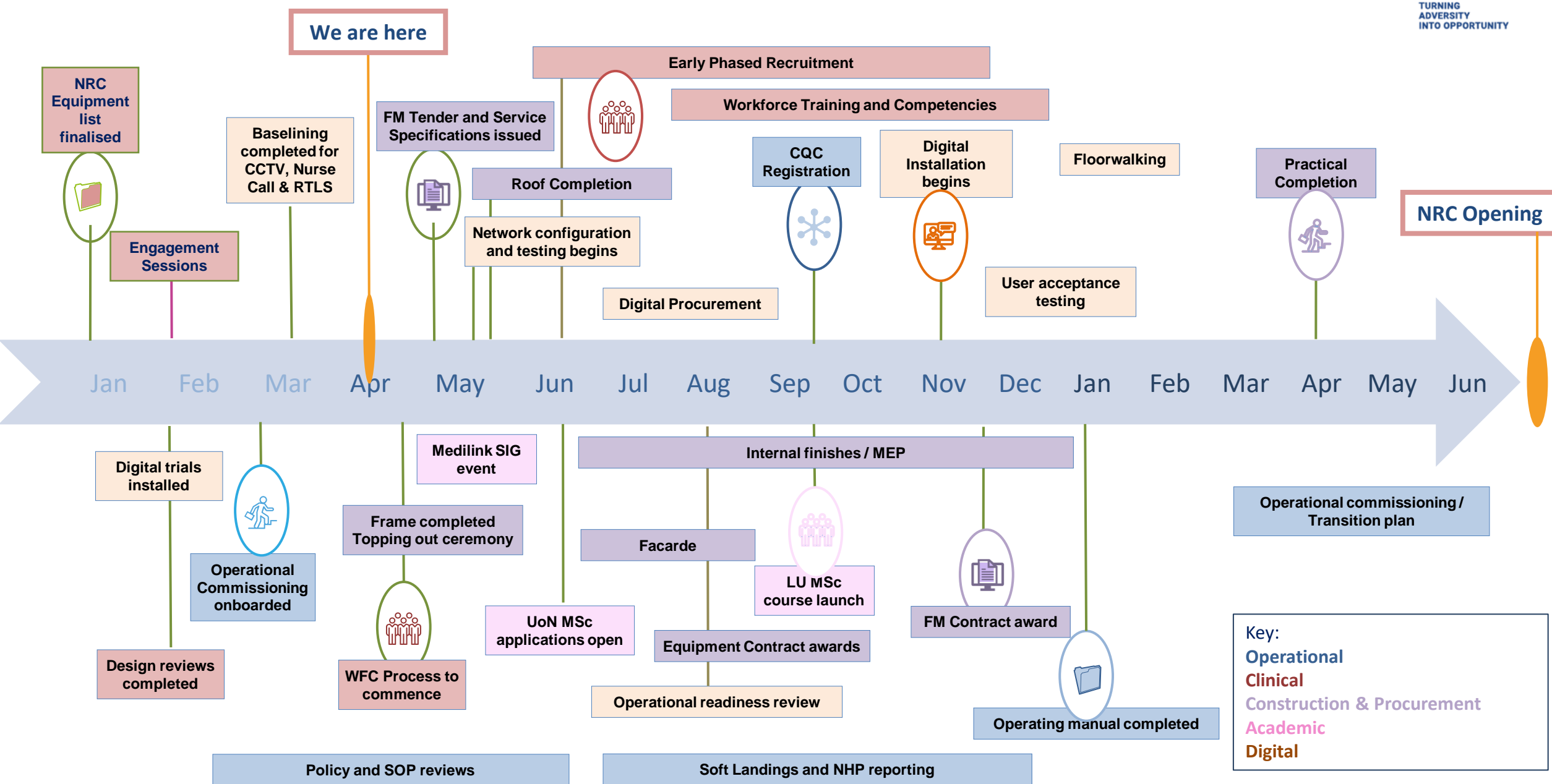
Research



Product design

**Innovation space**

# NRC 24/25 Milestones Roadmap





[nrc@nuh.nhs.uk](mailto:nrc@nuh.nhs.uk)

[www.nationalrehabilitationcentre.nhs.uk](http://www.nationalrehabilitationcentre.nhs.uk)

[National Rehabilitation Centre: About | LinkedIn](#)





Loughborough  
University

**Rehabilitation Sciences Research  
Working with Industry**

Professor Mark Lewis

.....  
**#InspiringWinners** since 1909

# Why LU?

Internationally-recognised research

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MEMBER OF THE IOC MEDICAL  
RESEARCH NETWORK 2015-18

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MEMBER OF THE IOC MEDICAL  
RESEARCH NETWORK 2019-22

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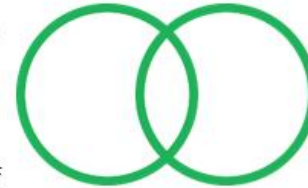
## Performance Health

- Optimisation of assistive device - athlete combination
  - Interdisciplinary approach
  - Shoulder health
  - Sports performance
  - Towards bespoke assistive technologies
- Optimisation of sports performance
  - Advanced textiles for sports apparel
  - Training aids
  - Explosive strength training
- MSK Biomechanics
  - Modelling and simulation



## Mental Health and Wellbeing

- Disordered eating
- Enabling independence
  - Dementia
- Effectiveness and concordance of interventions



## Exercise as Medicine

- Optimising "Dose-response" of physical activity
  - Long-term conditions
  - Lifestyle behaviour change
  - Modelling physiological systems
  - Support self-management
- Ageing
  - Post very severe injury



## MSK and Sport Injuries

- Regenerative medicine
- 3D Printing / Additive manufacturing
- Rehabilitation
- Regeneration
- Monitoring
- Tissue engineering
- Surface modification
- Biomaterials
- Microfabrication
- Devices
- Training for injury reduction
- Treatment of sporting injuries
- Muscle metabolism and function
- Medical imaging
  - Tendinopathies (disrepair, diagnosis)
  - Bone health



## Prevention

- Digital health / medical technologies
  - Wearables / nearables / visibles
  - mHealth
  - Internet of things
- "Systems of systems" approach
- Behavioural phenomics (physiology meets behaviour)
- Sensor development
- Big data

# Defence Medicine Research

## The history

EPSRC & MRC CDT in regenerative medicine



Prevention of MSKi in the military environment (PRIME)



EPSRC Next generation prosthetics mini-CDT



Biomechanical associations and efficacy of injectable therapies in tendinopathy (BEFIT)



ADVANCE study

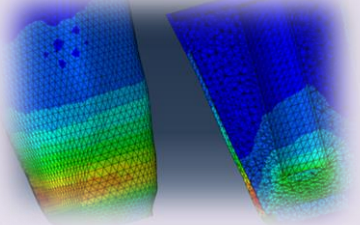


**School of Sport, Exercise and Health Sciences**  
**School of Mechanical, Electrical and Manufacturing Engineering**  
School of Design and Creative Arts **LUIL**  
School of Science **Chemical Engineering**

Defence mini-CDT & MOU with DMS



Residual Limb Characterisation Platform for Patient-specific Prosthetic Socket Manufacturing





# The NRC as a national centre of excellence in rehabilitation research

- At the NRC, research and innovation will be fully integrated with clinical practice, putting academic staff and postgraduate students at the heart of pioneering international research into clinical rehabilitation and rehabilitation products and technologies
- Part of the NRC research strategy is to deliver better rehabilitation and patient outcomes as well as strengthening the national and international research community
- At LU we have academic leads aligned to each research theme – ongoing projects linked to the NRC research aims detailed in the following slides to highlight a selection from across our academic Schools
- 7 PhD studentships (4 for LU) – part of larger rehabilitation sciences postdoctoral researcher cohort
- Outreach an important component, see our Revolutionising Rehabilitation [Royal Society Summer Exhibition, 2023](#) and hopefully will be showcasing work at the Summer Festival “on tour”, Jodrell Bank, August 2024.

# Rehabilitation Activity at LU



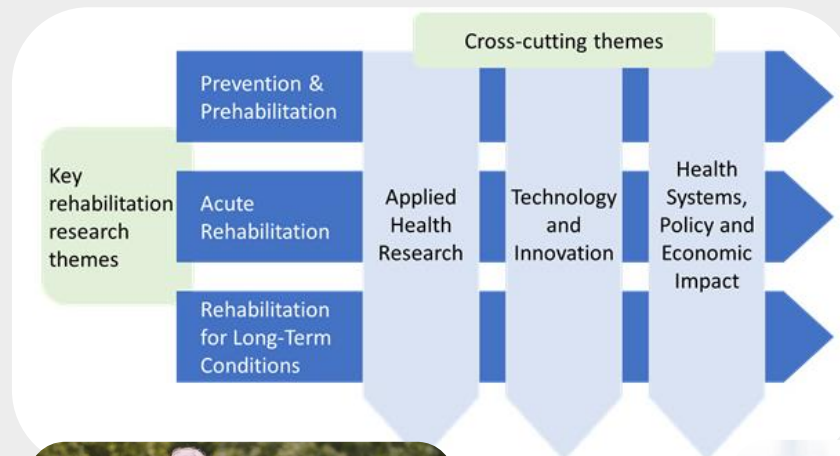
Developing veterans' resilience through physical activity  
*Jamie Barker, SSEHS*



Facilitating adherence to rehab programmes  
*Ian Taylor, Jennie Hancox, SSEHS*



Eye tracking for concussion measurement  
*Thom Wilcockson, SSEHS*



Super smart textiles for remote monitoring  
*Ishara Dharmasena, WSMME*



AI and voice technologies in disability and social care  
*Saul Albert, SSH*



Improving physical activity in older adults with hearing loss  
*David Maidment, SSEHS*



NHS England collaboration to deliver patient safety course  
*Mike Fray, DCA*

# Recent NRC-linked applications and awards

## Ongoing projects:

- Rehabilitation high-potential opportunity (HPO, Department for International Trade) [Link](#)
- EPSRC Network+
  - Next generation rehabilitation technologies (with UoN) [Link](#)
  - Transformative innovation in the delivery of assisted living products and services (TIDALN+, UCL & Global Disability Innovation Hub) [Link](#)
- NC3R's CRACK IT challenge funding Model for the identification of novel wound therapeutics that restore skeletal muscle function after significant soft-tissue injury [Link](#)
- NIHR HealthTech research centre in rehabilitation [Link](#)
- Armed Forces Covenant Trust, Veterans resilience programme [Link](#)

## Applications:

- EPSRC Place-based impact accelerator bid, EMERGE – led by NTU
- EPSRC Partnership hub bid (unsuccessful)
- EPSRC CDT in rehabilitation technologies (unsuccessful)



Rehab Technologies  
Network

THE ARMED FORCES  
COVENANT FUND TRUST

NIHR | National Institute for  
Health and Care Research



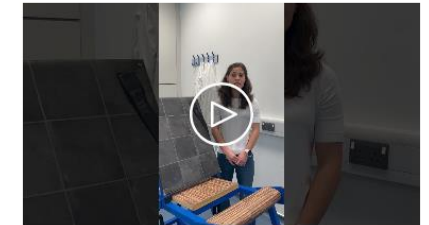
# Rehabilitation Sciences Doctoral Researchers

<b>Tamara Valencic</b>	Enhancing rehabilitation outcomes post ACL rupture
<b>Pablo Marco Garrida</b>	3D Bioengineered skeletal muscle to mimic human tissue
<b>Maria Jose Mendoza Hidalgo</b>	Lab models of neuromuscular tissue
<b>Oscar Hutton</b>	Mediated-reality technologies as alternative pain therapies
<b>Ahmet Begde</b>	Home-based dual task exercise programmes for dementia
<b>Maria Fernandez-Rhodes</b>	Extracellular vesicles / bone health
<b>Nicole Gwynne</b>	Enhancing adherence to exercise in stroke survivors
<b>Bettina Pasztor</b>	Stroke rehab – adherence in transfer from hospital to community
<b>Lynsey Speirs</b>	Influence of design on attitudes to physical activity
<b>Rebecca Hooker</b>	The interaction between the bionic limbs and the soft skin tissue.

Hear more from our Doctoral Researchers below:



Meet Pablo Garrido



Meet Tamara Valencic



Meet Oscar Hutton



Meet Maria Mendoza-Hidalgo

[Our doctoral researchers | National Rehabilitation Centre | Loughborough University \(lboro.ac.uk\)](#)



## Psychology of Exercise Rehabilitation

MSc



## Exercise Rehabilitation

MSc



## Sport Rehabilitation

MSc

- Three new Masters programmes developed for 2024 intake
- Undergraduate and postgraduate courses at Loughborough, and the broader NRC academic network, [NRC Academic Network - National Rehabilitation Centre](#)
- CPD and short courses in development
- Keen to work with industry to develop bespoke courses

# Education

# Collaborate with us

We are keen to collaborate with businesses, charities, public sector and voluntary organisations around the world to drive research and innovation and create impact.

Examples of collaboration with our staff include:

- **Consultancy** offers collaborations with individual academics, or an expert team drawn from different areas of cutting-edge research
- A **Knowledge Transfer Partnership (KTP)** enables a business to bring in new skills and the latest academic thinking to deliver a specific, strategic innovation project through a knowledge-based partnership.
- **Collaborative research** projects enable real world challenges to be tackled in a systematic and substantial way
- **Short courses and training** (Continuing Professional Development) provide bespoke skills development for a workforce
- **Secondments** are a great way of directly engaging with us in a day-to-day working environment and developing hands-on expertise. Your staff could be seconded into the University or academics could be seconded into your workplace
- **Sponsoring a Doctoral Researcher** towards a PhD qualification enables work on a research project, with support from academic expertise
- We are interested in working with business to support spin out activity



# Engaging with our students

Our students offer fresh ideas to add to business in various ways.

- A **student** placement: a fantastic opportunity for an organisation to employ, on a fixed term, highly skilled individuals, with new ideas that can deliver tangible benefits to your business
- **Graduate recruitment:** can add fresh ideas, energy and the latest skills and knowledge to an organisation. Our qualified and motivated graduates are constantly sought after by top employers
- **External** stakeholder expertise: becoming a guest lecturer will help future professionals learn from your business experience and our students enjoy hearing from real industry specialists
- **Student projects, competitions and real-life briefs:** are a great way to inspire students to generate new ideas with difference concepts.



Loughborough  
University

# Thankyou

Any questions?

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**#InspiringWinners** since 1909

# Current rehabilitation science projects



## Understanding how EV particles can be applied for regenerative therapy

- EVs express a complex arrangement of molecules on their surface that act like a biological postcode
- Aim to decipher this unique postcode to manufacture next generation drug delivery platforms for the treatment of clinically challenging diseases, such as bone cancers
- By understanding and exploiting the natural bio-stimulatory properties of EVs we can drive complex regenerative responses that are comparable to natural tissue development
- Funded through EPSRC New Investigator grant and Academy of Medical Sciences Springboard Fellowship
- More information: [https://youtu.be/\\_0MHVubid8o](https://youtu.be/_0MHVubid8o)



# Current rehabilitation science projects



## Facilitating adherence to rehabilitation programmes



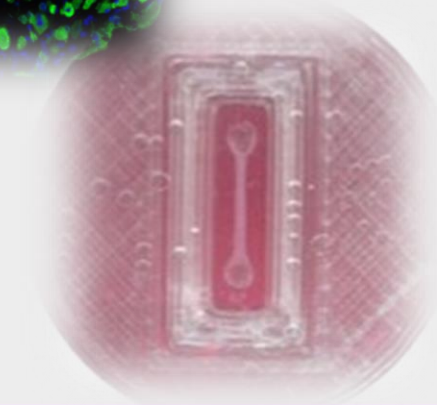
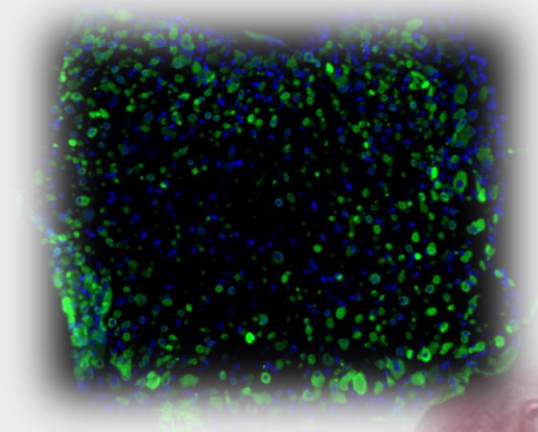
- The benefits of effective rehabilitation programmes can only be realised if patients adhere to them
- Poor adherence to rehabilitation significantly impacts treatment outcomes and increases the risk of poor recovery, complications and additional health care costs
- A greater understanding of motivation and adherence to rehabilitation will help alleviate the individual, societal and financial costs associated with poor adherence
- The research will provide the basis for clinicians and patients to implement motivational strategies aimed at optimising adherence to rehabilitation, and stimulate training and education opportunities for rehabilitation staff

# Current rehabilitation science projects



## Bioengineering the musculoskeletal system

- Bioengineered models recapitulating the complex structures and physiological response of musculoskeletal tissues provide an alternative experimental platform to the animal models currently used to recreate injury and rehabilitation
- Model has the power to provide new understanding into why soft tissue fails to recover after significant trauma
- Allows the underlying biological processes to be identified and can be used to test new targeted therapeutics that may be able to aid soft tissue regeneration



# Current rehabilitation science projects



## Exercise for persons with a spinal cord injury

- Physical activity guidelines for people with spinal cord injury (SCI) only existed in Canada
- An international group of researchers, clinicians, community organisations and people with SCI developed scientific guidelines to inform people with SCI how much exercise is necessary for important fitness and health benefits
- More information: <http://www.sciguidelines.eu> - translated into several European and Asian languages



*As a healthcare professional working in the rehabilitation of newly injured individuals with spinal cord injury it is important that clear principles and guidance is imparted from the start, to both promote positive behaviours and prevent avoidable complications following injury.*

~~Dot Tussler, Head Physiotherapist Spinal Injuries National Spinal Injuries Centre Stoke Mandeville Hospital~~



# Current rehabilitation science projects



## Super-smart textiles for remote rehabilitation monitoring

- Technologies like telerehabilitation require real-time, inexpensive, remote and accurate data on patient movements. Conventional techniques such as optoelectronic and IMU devices are becoming obsolete for this due to the need for especial labs and expertise, discomfort, high bulk, cost, restricted range and mobility
- This project develops super-smart textiles, conformal clothing that converts mechanical energy from natural movements into electricity, to sense and communicate data on the motion of targeted body parts
- The technology is based on fabric nanogenerators made of advanced textile yarns and fabrics, providing good wearability and accuracy



More information: <https://www.lboro.ac.uk/research/experts/ishara-dharmasena/>

# Current rehabilitation science projects



## Student-athletes recovery from sports-related concussion

- Sports related concussion has become a growing issue which is a particular problem for those in education as it can negatively affect an individual's ability to perform cognitive tasks and significantly affect their academic progression
- An holistic approach to concussion assessment and monitoring is taken to better understand the full range of vestibular-oculomotor, cognitive and academic dysfunctions
- The effect of sub-symptom exercise on time to recovery is currently being investigated in a prospective study
- Partially funded by the Musculoskeletal Association of Chartered Physiotherapists and the Association of Chartered Physiotherapists in Sports and Exercise Medicine

# National Rehabilitation Centre

## Rehabilitation Sciences Research

### Working with Industry

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**Professor Pip Logan**  
University of Nottingham



## Representation from across our network of partners

### Membership

- **Barbara Todd**, NRC Ambassador
- **Claire Brindley**, University of Derby
- **Mark Lewis**, Loughborough University
- **Kristen Clements**, Loughborough University
- **Pip Logan**, University of Nottingham
- **Steven Hardy**, University of Nottingham
- **Rory O'Connor**, University of Leeds
- **John Hunt**, Nottingham Trent University
- **Tom Nightingale**, University of Birmingham
- **Sandy Walsh**, NUH
- **Amy Collins**, NUH
- **Maria Koufali**, NUH R&I



- **Oversees the development and implementation of the NRC Research Strategy**
- **Development of a national centre of excellence for research**
- **Ensure alignment of research with NRC aims, is of clear patient benefit and is clinically informed**

- **NIHR Rehab HRC is hosted by Nottingham University Hospitals NHS Trust**
- People with potentially life-changing injury, trauma and illness deserve the best rehabilitation. New technology is key to advancing this
- **NIHR Rehab HRC** will focus on developing and applying new technologies to transform patients' lives

### Our Vision:

Outstanding in health outcomes and patient and staff experience

**Mission:** Working together with our patients, staff and partners to deliver world class healthcare, research, education and training. A leading teaching hospital and an innovative partner, improving the health and wellbeing of the communities we serve.

### Our Promises

Our Patients

Our People

Our Places

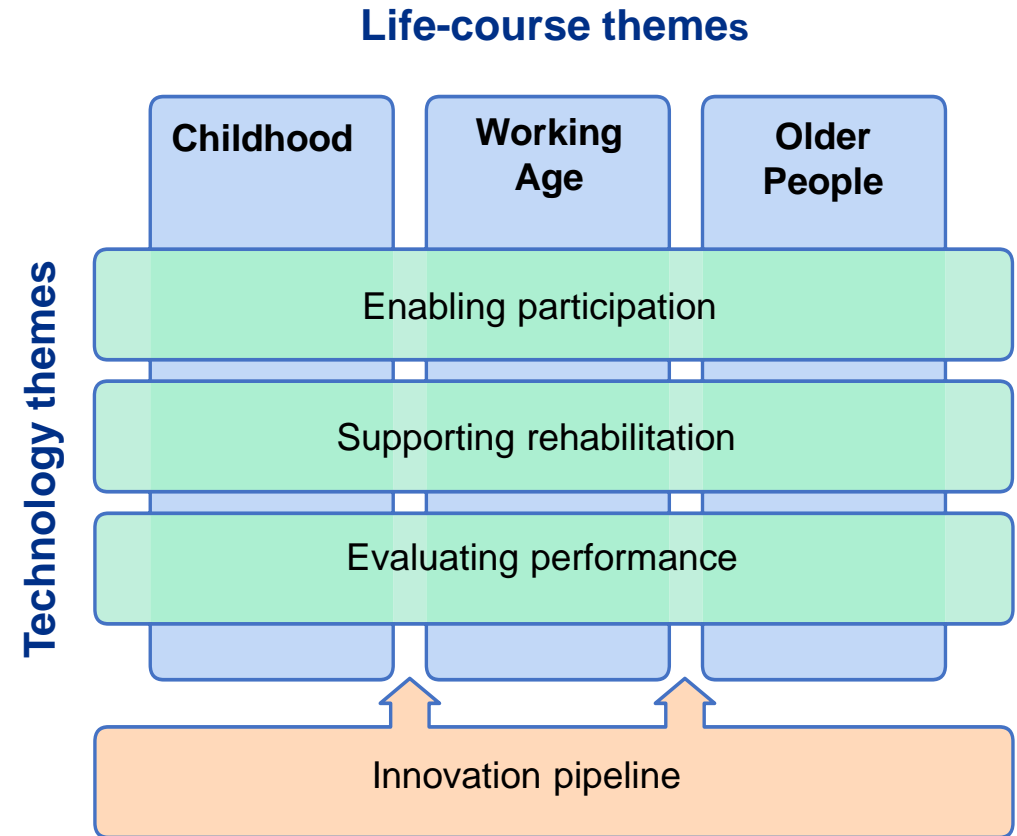
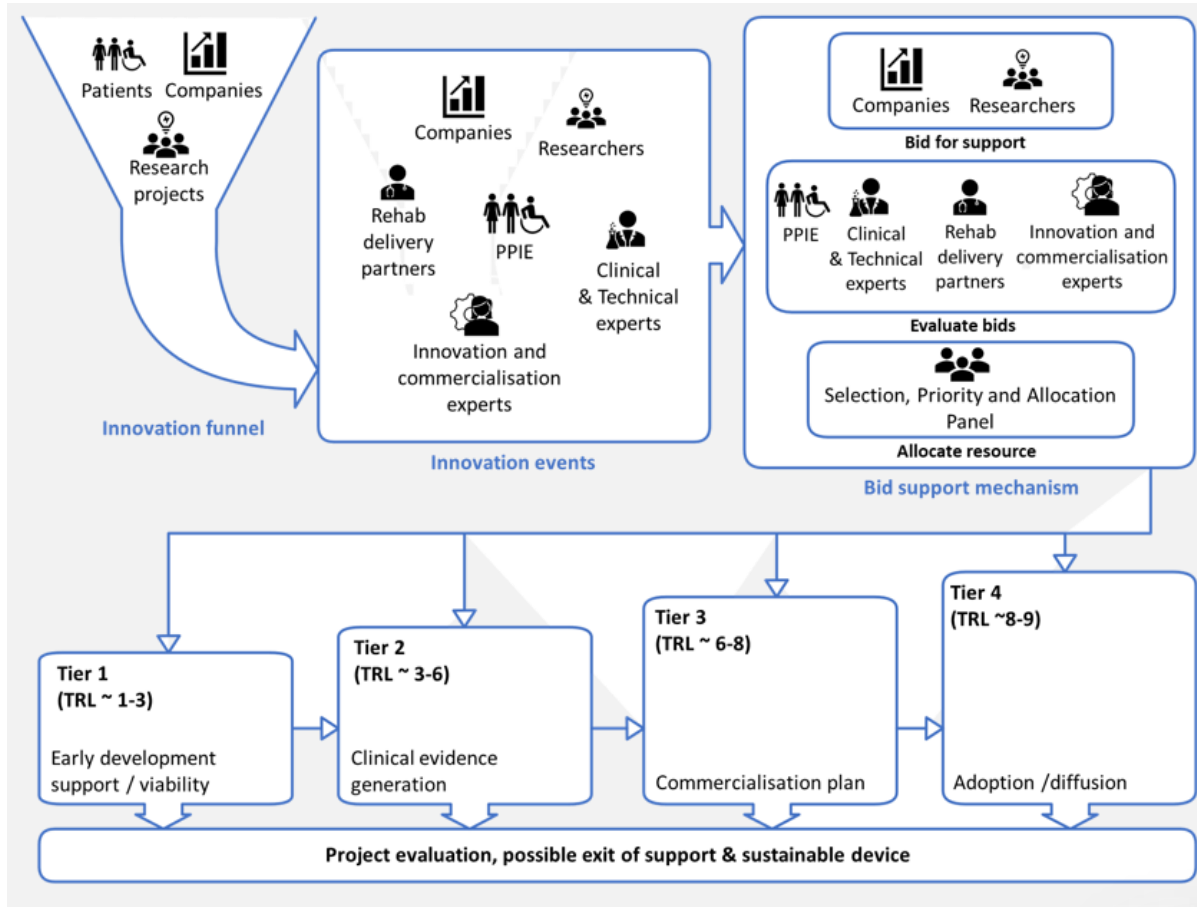
Our Performance

Our Partners

Our Potential



# Innovation Pipeline & Life Course Approach





- **Expertise and strengths (A-Z)**

- allied health professions, engineering, complex interventions development, computer science, imaging, mathematics, medicine, mental health, nursing, pharmacy, physics, psychology, randomised controlled trials

- **Traditional research**

- medicine, stroke, physiology, vocational, musculoskeletal, applied health, cognitive rehabilitation

- **New areas**

- Next Generation Rehabilitation Technologies Network
- BIOREME (Integration of Data Driven BIOphysical Models into REspiratory MEdicine),
- EMERGENCE (Facilitating the Emergence of Healthcare Robots from Labs into Service)
- Biomedical Research Centre new bid includes the NRC



# Vocational Rehabilitation



- **RETAKE** Return to work after stroke; 2018-2023 | **£2.2M**
  - 5-year study
  - to determine whether early stroke specific vocational rehabilitation (ESSVR) is more effective at returning stroke survivors to work
  - 20 centres - 760 stroke survivors



- **ROWTATE** Return to work after trauma; 2019-2024 | **£3.5M**
  - 5-year research programme
  - aims to develop and evaluate a return-to-work programme
  - Comprising intervention development, feasibility study, economic evaluation and process and implementation study
  - 8 UK sites



# Biomechanics

- ❑ **Strengths in spinal mechanics with specific research interests in mechanical function of the intervertebral disc**
- ❑ **Expertise in functional and anatomical imaging, and mechanical evaluation of medical devices**
- ❑ **Development of approaches using mathematical modelling**
- ❑ **Expertise in biomechanical evaluation of human movement**
- ❑ **Specific research aims include increasing the application of biomechanical assessments in healthcare settings to improve clinician's understanding of how musculoskeletal injuries cause secondary and tertiary effects on the musculoskeletal system**





- **BIophysical models into REspiratory Medicine**



[www.bioreme.net](http://www.bioreme.net)

- **Collaborative network of researchers, industry and patient representatives at the interface of mathematical modelling and respiratory medicine**
  - Aims to catalyse research in chronic respiratory illnesses to result in new technologies and treatments
  - >26 network members across multiple disciplines
  - Sandpits, workshops, forums and webinars to bring together researchers with industry and patient representatives
  - Funding opportunities for new research projects



## □ Facilitating the Emergence of Healthcare Robots from Labs into Service

- Aims to build knowledge and capability needed to enable health care robots to support people living with frailty in the community
- Collaborative network of researchers, businesses, end-users, health and social care commissioners and practitioners, policy makers and regulatory bodies
- Up to 10 funded feasibility studies leading to technologies capable of transforming community health and care
- Development of training content for carers and therapists to address gaps that may prevent effective use of robotic solutions



# Rehabilitation Sciences Doctoral Researchers

Researcher	Research
<b>Ahmet Bugra Selvi</b>	Optimal gait rehabilitation protocol with hybrid assistive limbs for acute stroke patients
<b>Ben Sanders</b>	Magnetoencephalography as a tool for monitoring neurorehabilitation
<b>Meri Westlake</b>	How do Healthcare Professionals Recognise and Respond to Deconditioning
<b>Mostafa Ahmed Arafa Mohamed</b>	Development of Children's Biomimetic Adjustable and Adaptive Myoprosthetic Hand with Sensory Feedback
<b>Natalie Gray</b>	The development of an evidence-based protocol for early mobilisation of spinal cord injury patients
<b>Sarah McCracken</b>	Nordic Walking for People with Parkinson's
<b>Hayley Carter</b>	Patient management before knee ligament surgery





# Education & Training Ambition

- ❑ Delivery of world-class, research-informed education and training, accessible worldwide
- ❑ A truly multi-professional approach involving clinical, technological, engineering and vocational professions
- ❑ Variety of platforms including digital, remote and on site
- ❑ Educate and train a highly skilled rehabilitation workforce, for the future of NHS and other services
- ❑ Development of a strong learning culture, developing new ways of working, service improvement to deliver better patient outcomes
- ❑ Fully integrated Centre working alongside researchers, clinicians and patients
- ❑ Operate as a campus – utilise teaching and research space in different locations and well as hybrid model. Increases access for international students
- ❑ Host the National education and training rehabilitation governance board

**Transform the rehabilitation specialty and expertise of the workforce**



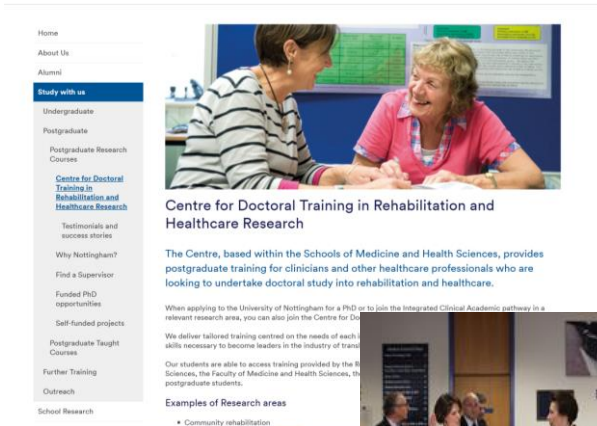
# Our Rehabilitation Teaching

## 30-year history of training clinical academics in rehabilitation

- Undergraduate, postgraduate and CPD courses across Faculties of Medicine and Health Sciences, Engineering, Science and Social Sciences
  - >12 UG courses including Mental Health and Social Care (BSc), Sports Rehabilitation (BSc), and Physiotherapy (BSc)
  - >28 PGT courses including Bioengineering (MSc), Trauma Informed Practice (MA) and Rehabilitation Psychology (MSc)
- CPD courses include Complex Interventions, Sports Injury Assessment, and Contemporary Practices in Injection Therapy
- Broad experience in training medics, nurses, physiotherapists
- Innovative and interprofessional MSc programmes in rehabilitation:
  1. Rehabilitation MSc
  2. Exercise and Remedial Instruction MSc
  3. Neurological Rehabilitation MSc
  4. Sport Injury Rehabilitation MSc

# Education & Centres for Research Training

- Healthcare profession-specific mentors ensure scholars remain connected to their primary professional groups
  - Aim is to nurture scholars to leave the programme as well-rounded clinical academics
  - £7.24m Wellcome Grant in collaboration with Universities of Leicester, Warwick, and Birmingham, supported by MHS trusts



### Welcome to the Midlands Mental Health and Neurosciences PhD Programme for Healthcare Professionals

The Midlands hosts the most innovative centres in mental health and neurosciences (MH&N), including digital mental health, clinical trials, neuroimaging, and epidemiology, serving an area of huge clinical need.

The Midlands Mental Health & Neurosciences PhD Programme is led by the University of Nottingham, in collaboration with University of Birmingham, University of Leicester, and University of Warwick, and our local NHS Trusts in the Midlands.

## The Programme

In a research environment that is dynamic, socially inclusive, and supportive, our Doctoral Training Programme (DTP) will develop an excellent, multidisciplinary, multi-professional researchers and an inter-sectoral research Midlands hub, facilitating adult learning, developing research and leadership skills, independent and critical thinking, and sharing of ideas, and teamwork.





# Thank You !



[pip.logan@nottingham.ac.uk](mailto:pip.logan@nottingham.ac.uk)

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**Professor Pip Logan**  
University of Nottingham

# Rehab Technologies Network



## MEDILINK: Rehabilitation Technologies Strategic Innovation Gateway

RTN+ Feasibility Projects  
Wednesday 1<sup>st</sup> May 2024



Lead partners

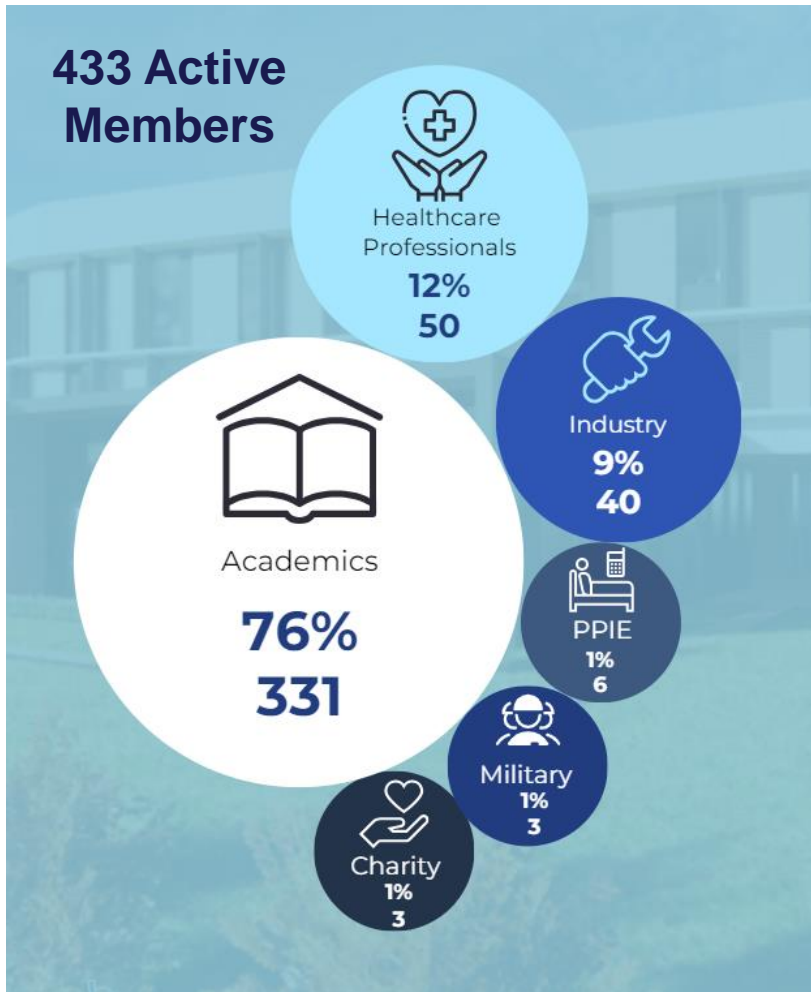


Funded by



# What is the Rehabilitation Technologies Network?

Fostering the co-creation of innovative technologies that will support people to regain fulfilling, independent lives, post-illness or trauma.



Guidance & Advice



Networking



Workshops



2024 Conference



PPIE



Funding



Webinars



Resources & Learning



Early Career Researcher Forum





## Overview of all projects

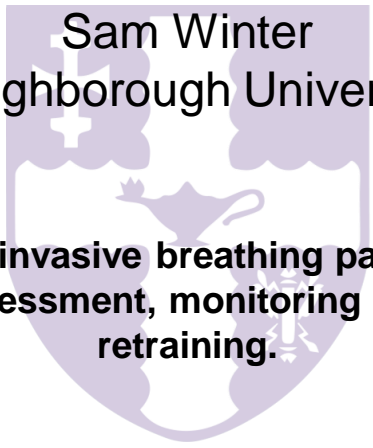
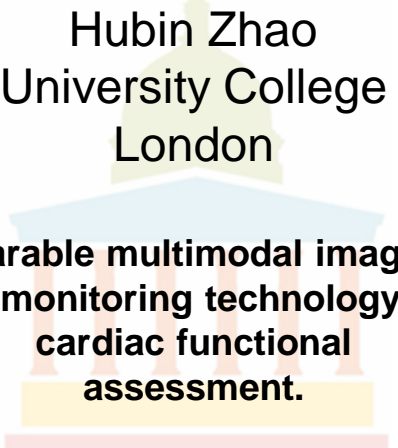
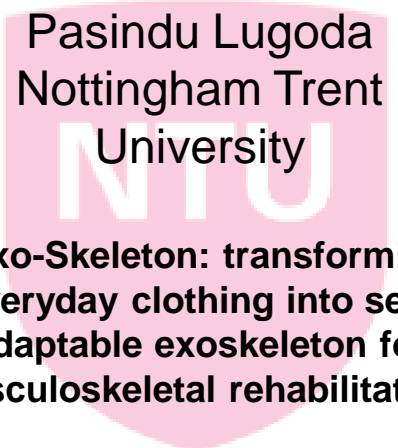
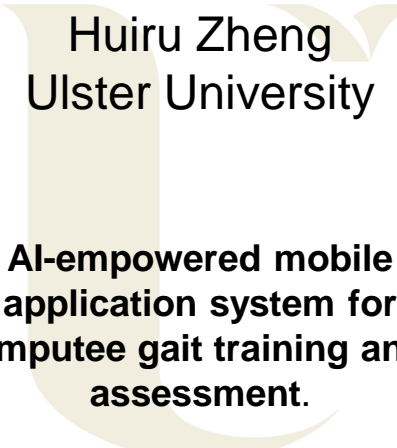

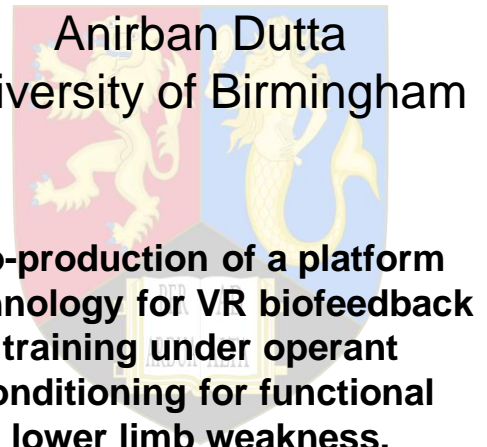
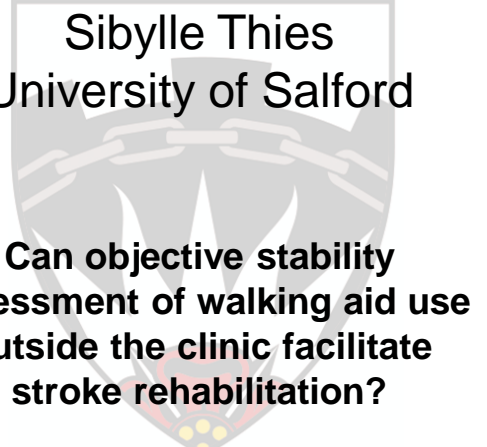
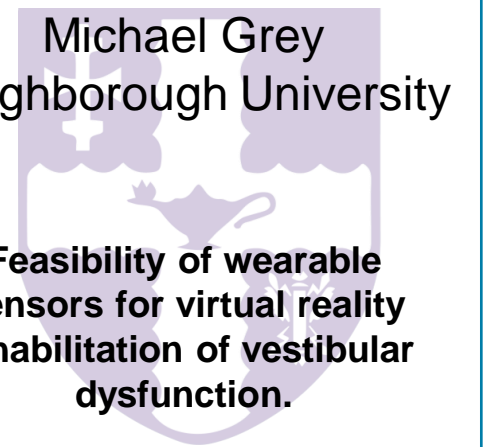
**Grand challenge Workshop 1:  
Cardiorespiratory Rehabilitation**

**Grand challenge Workshop 2:  
Musculoskeletal Rehabilitation**

**Grand challenge Workshop 3:  
Neurological Rehabilitation**

**Online all themes call**

## Overview of all projects

 <p>Sam Winter Loughborough University</p> <p>Non-invasive breathing pattern assessment, monitoring and retraining.</p>	 <p>Hubin Zhao University College London</p> <p>Wearable multimodal imaging and monitoring technology for cardiac functional assessment.</p>	 <p>Pasindu Lugoda Nottingham Trent University</p> <p>Texo-Skeleton: transforming everyday clothing into self-adaptable exoskeleton for musculoskeletal rehabilitation.</p>	 <p>Huiru Zheng Ulster University</p> <p>AI-empowered mobile application system for amputee gait training and assessment.</p>
 <p>Abdel-Karim Al-Tamini Sheffield Hallam University</p> <p>R-SPEAK: Revolutionising speech enhancement in aphasia using knowledgeable AI.</p>	 <p>Anirban Dutta University of Birmingham</p> <p>Co-production of a platform technology for VR biofeedback training under operant conditioning for functional lower limb weakness.</p>	 <p>Sibylle Thies University of Salford</p> <p>Can objective stability assessment of walking aid use outside the clinic facilitate stroke rehabilitation?</p>	 <p>Michael Grey Loughborough University</p> <p>Feasibility of wearable sensors for virtual reality rehabilitation of vestibular dysfunction.</p>

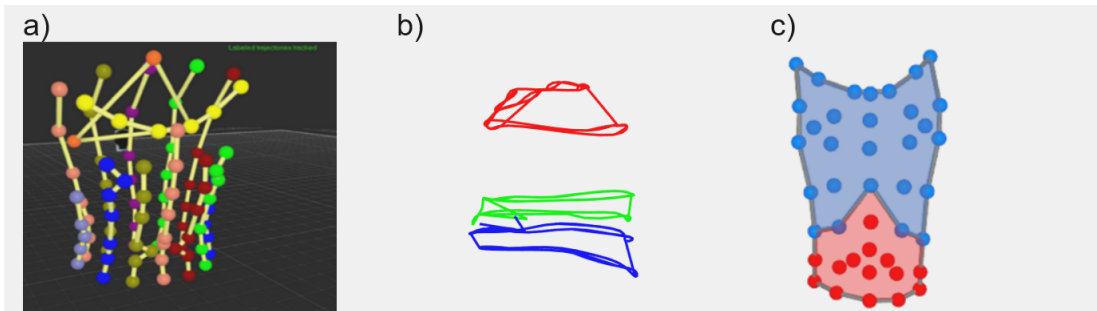
# Non-invasive breathing pattern assessment, monitoring and retraining



Cardiorespiratory Grand Challenge Workshop: July 2022

University of Kent:  
Prof. Richard Guest  
Prof. John Dickinson


University Hospitals of  
Leicester NHS Trust:  
Dr Tom Ward



**Figure 1:** Three dimensional OEP data (a) was interpolated and rotated to generate a silhouette from which features could be extracted that were informed by the breathing pattern measures traditionally used. These traditional measures of breathing pattern include, for example the relative contribution or movement of the ribcage versus the abdomen (c).

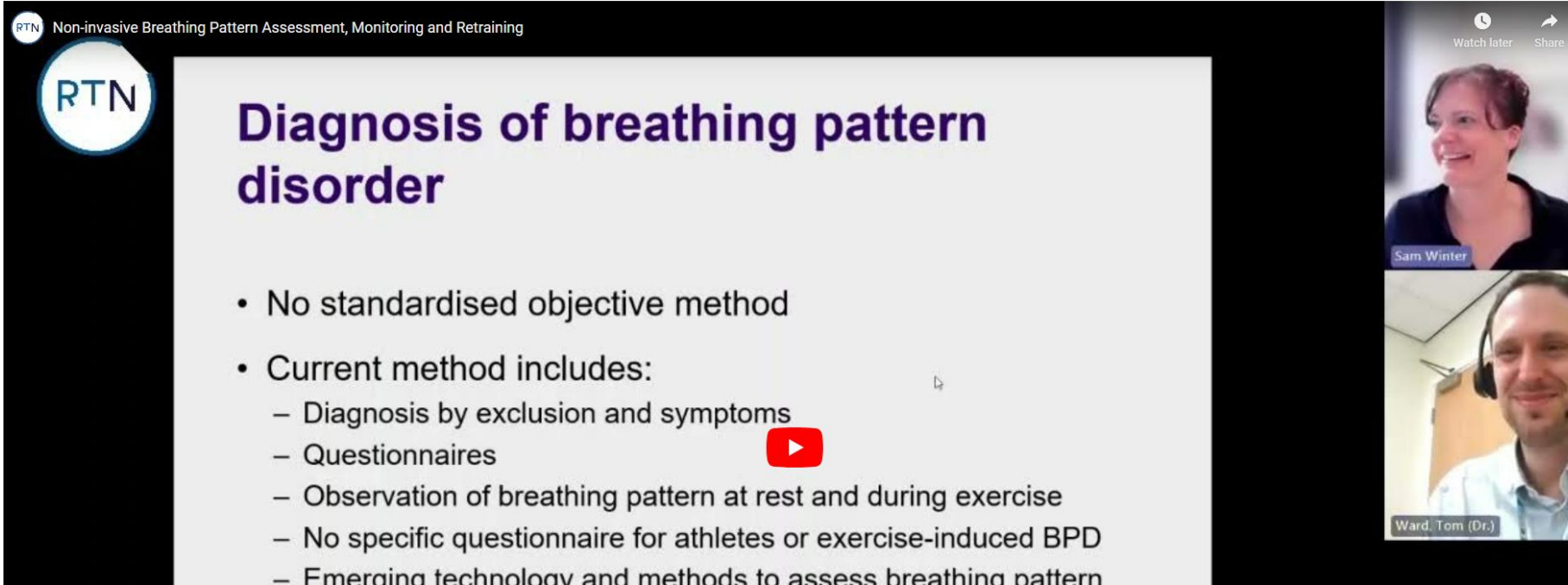
- Created a model to distinguish between healthy and BPD individuals.
- Met with clinicians and patient groups to discuss the needs of the system including design.
- Derived a model using silhouette features – need to use two torso views (side and back) and used Dynamic Time Warping to assess temporal alignment.

RTN Non-invasive Breathing Pattern Assessment, Monitoring and Retraining



### Diagnosis of breathing pattern disorder

- No standardised objective method
- Current method includes:
  - Diagnosis by exclusion and symptoms
  - Questionnaires
  - Observation of breathing pattern at rest and during exercise
  - No specific questionnaire for athletes or exercise-induced BPD
  - Emerging technology and methods to assess breathing pattern



Watch later Share

Sam Winter

Ward, Tom (Dr.)

<https://www.rehabtechnologies.net> → Resources → Media



# Get Involved

[rehabtechnologies.net/contact-us](https://rehabtechnologies.net/contact-us)







# NRC Rehabilitation Technologies Conference

**17 and 18 September 2024**  
**University of Nottingham**





Rehab Technologies  
Network

# Panel Q&A Session





# Medilink Midlands Rehabilitation Technologies Strategic Innovation Gateway

1<sup>st</sup> May 2024



Dr Helen Compton, Innovation Programmes,  
NIHRCC

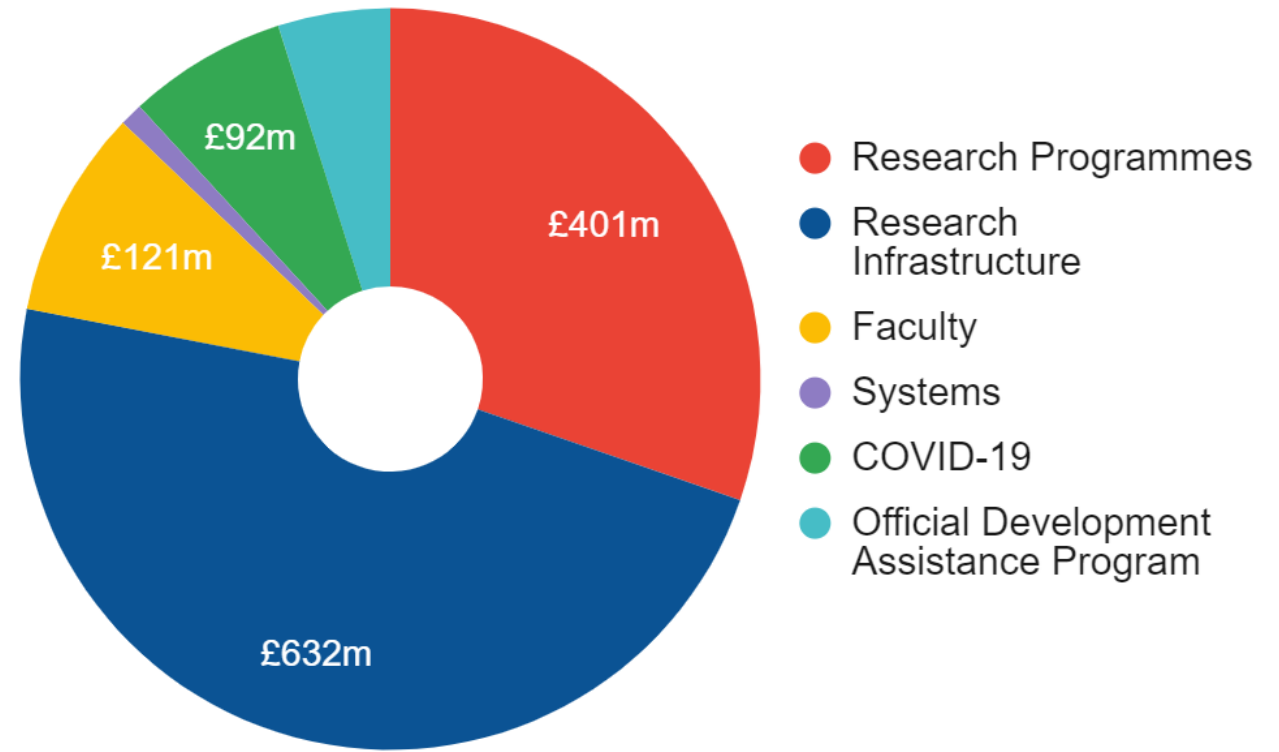


NIHR's mission is to improve the health and wealth of the nation through research



Our aim is to improve and support the UK research infrastructure and world leading life sciences sector

We are one of the largest funders of health and social care research in Europe



£1.32 billion

NIHR Total Funding (2021/2022)

# NIHR services for innovators

**Access to  
expertise and  
facilities**



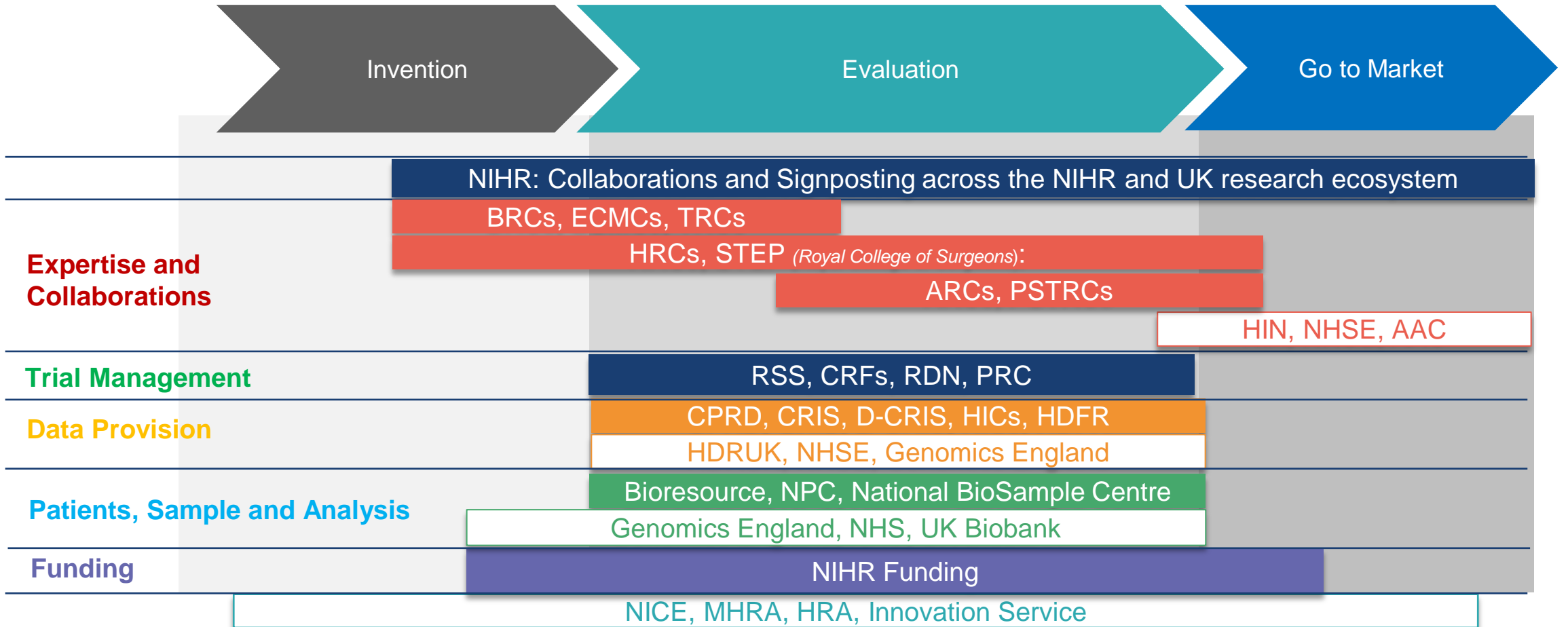
**Support to set up  
and deliver trials  
in the NHS**



**Funding for  
research**



# We can help you navigate the UK's Research and Health System





- Single portal for innovators on our partnering page

<https://www.nihr.ac.uk/partners-and-industry/>

- A “contact us” form is on this page and select areas for advice e.g. Advice on funding, access to expertise and / or opportunities to collaborate, help to design a study, help to run a study, advice on samples and data

- For researchers subscribe to our funding competitions page via the newsletter sign up at the bottom : <https://www.nihr.ac.uk/researchers/>

# Invention for Innovation (i4i)

is our translational research  
funding programme for  
medtech innovations

open to any UK lead  
applicants



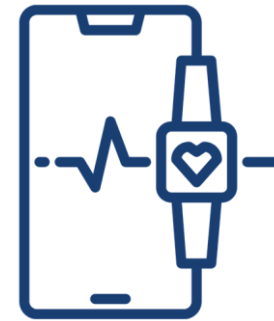
i4i funds breakthrough technologies and de-risks projects for follow-on investment



Medical devices



In vitro diagnostics



Digital Health Tier C and Artificial Intelligence Tech

# The i4i funding programme is designed to support your R&D

i4i funding



Dedicated medtech funding programme



Assessment by technical, clinical & commercial experts



Uncapped awards with 100% funding



Due diligence throughout assessment process



Academic, clinical or SME lead



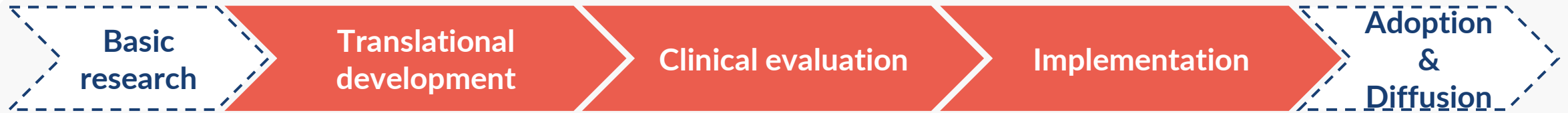
Exposure to early-stage investor community



Proactive risk and impact monitoring



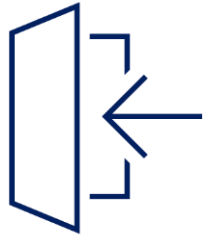
# Supporting research across the innovation pipeline



**i4i Product Development Awards**

**i4i Connect**

**i4i FAST**



# Entry point

## Eligibility of Innovation Readiness Levels (Technology)

TRL-1

TRL-2

TRL-3

TRL-4

TRL-5

TRL-6

TRL-7

TRL-8

TRL-9

TRL-10

### Basic Research

Idea, unproven, concept, no testing

Concept and application formulated

### Pre-Clinical Research

First laboratory tests completed

Small scale prototype built in a laboratory

### Manufacturing Validation / Late Pre-Clinical Research

Large-scale prototype tested in unintended environment; simulation suite

### Clinical Research

Performance-scale prototype tested in an intended environment close to expected performance

Demonstrate innovation operating in an operational environment at pre-commercial scale

### Regulatory Clearance and Market Preparation

First-of-Kind commercial innovation. Manufacturing and integration process outlined

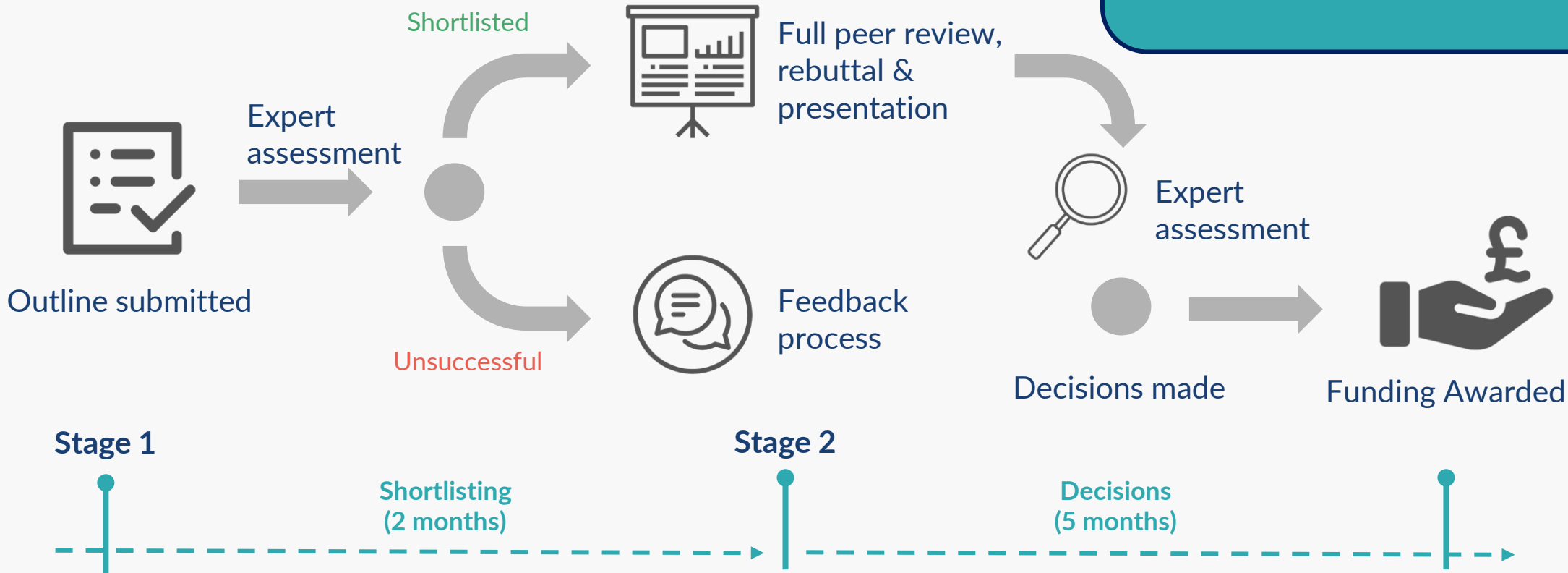
Full commercial application: innovation available for consumers


### Post-Launch

Innovation marketed; generation of real-world evidence / impact evaluation

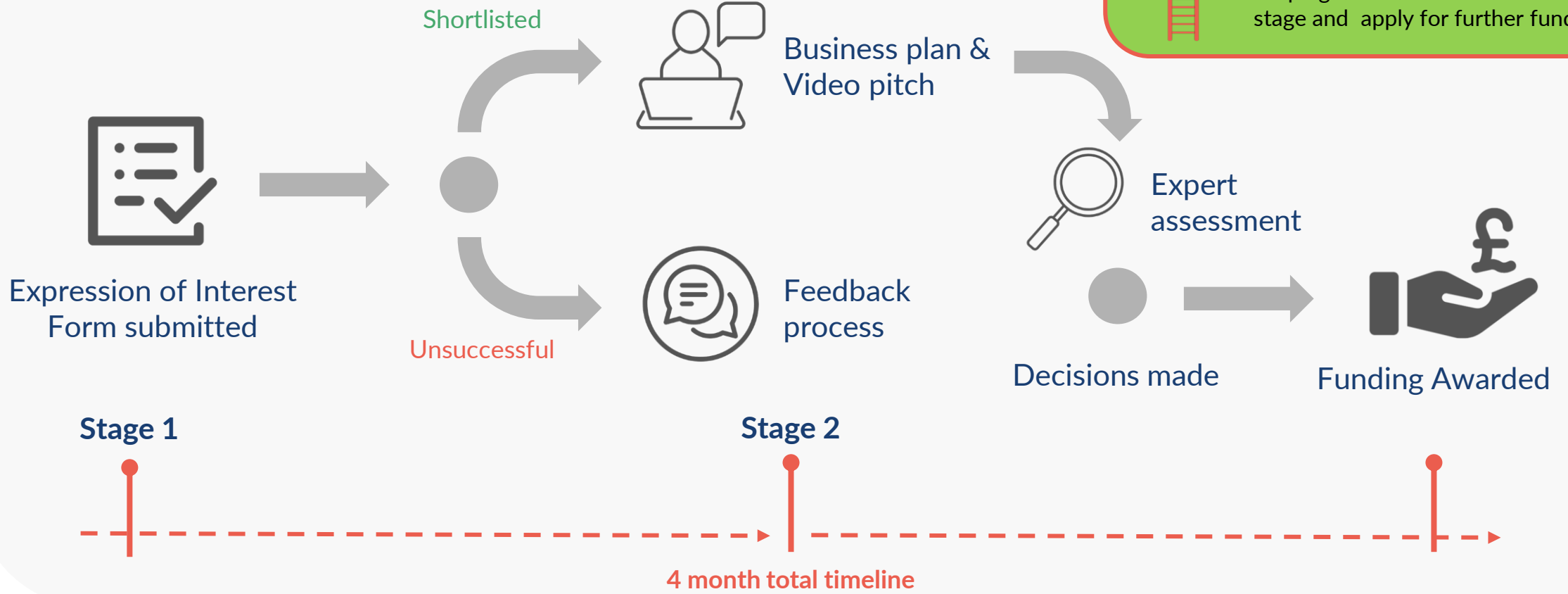
**Regulatory Approval**

## PDA application process: 2 calls a year



 **24-36**  
Collaborative projects led by SMEs, NHS providers or HEI  
Projects lasting a minimum of 24 and a maximum of 36 months

Connect application process: 1 call a year



**Connect - SME led**

- £ Upper funding limit of £150,000
- 6-12 Shorter term projects lasting between 6 and 12 months
- Helping SMEs to reach the next stage and apply for further funding



i4i FAST Scheme: 1-2 calls per year

Commissioned / themed

## Funding at the Speed of Translation (FAST) open to any type of organisation



Rolling call with no submission  
deadline



Funding a single activity or filling a  
specific evidence gap

£15k  
-  
£50k

Applications between £15k  
and £50k

# What makes a good i4i application?

## Project management elements to include

- Proof-of-concept
- Project plan
- Team
- NHS adoption strategy
- IP & commercial strategy

## Remit and emphasis

- Clinical need and initial use case
- Patient benefit
- Value for money for pathway
- Patient & public involvement

# Case study: therapy box

Digital healthcare company that develops apps to help support people with communication difficulties.

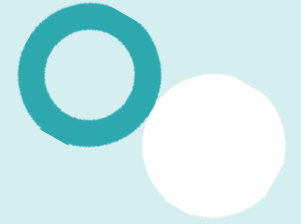
Created a speech articulation rehabilitation app for children with dysarthria.

- Access to expertise, support and patients by collaborating with the NIHR Devices for Dignity (D4D) Co-operative
- Received an NIHR Invention for Innovation (i4i) funding award to develop the app

Additional projects

- Won an i4i connect award for a language disorder screening app.
- Working with the NIHR Cambridge Brain injury Co-operative to develop an assistive patient app





**Thank you**








University of  
**Nottingham**

UK | CHINA | MALAYSIA

A large, high-resolution image of the Earth as seen from space, showing the curvature of the planet and the blue oceans. The text is overlaid on this image.

**Working with the  
NRC to overcome  
pragmatic barriers  
and challenges in the  
use of rehabilitation  
technology**

Praminda Caleb-Solly

Prof of Embodied Intelligence



# Addressing gaps and challenges across the rehabilitation technology TRL continuum

## TRL 1 to 4

- Involving relevant stakeholders
- Early impact analysis
- Understanding real-world deployment challenges
- Testing early to Fail Fast
- Concept-Testing with Patient Public Involvement

## TRL 5 to 7

- Serving as a living lab test facility
- Expertise to plan and carry out testing
- Usability and user experience product design
- Testing against relevant benchmarking metrics
- Safety assurance

## TRL 8 to 9

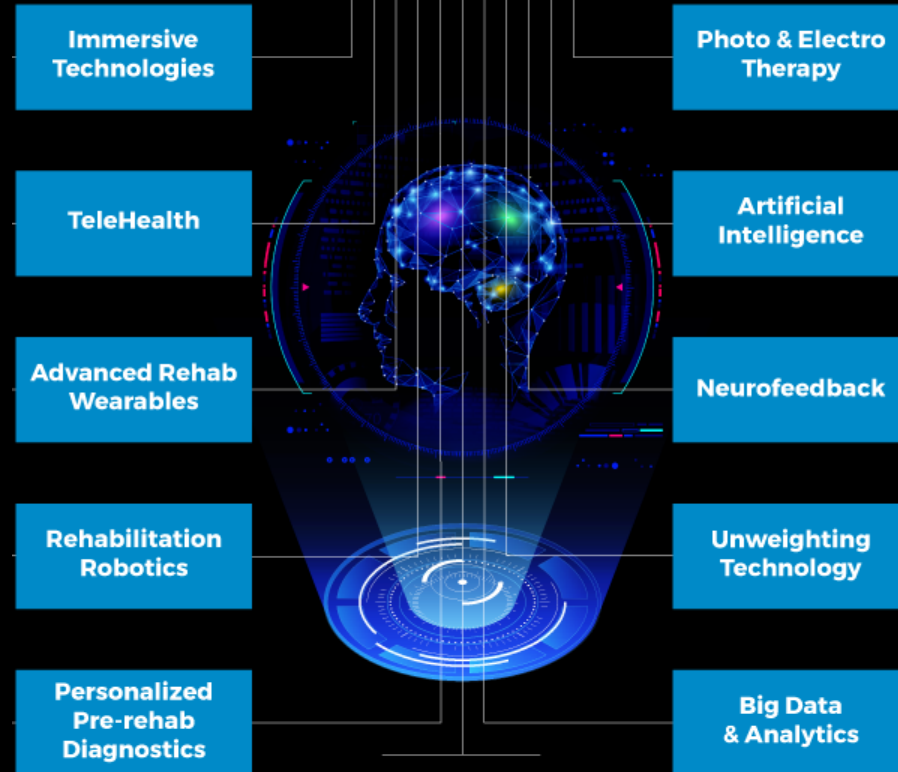
- Care workforce training
- Sustainable business models and cost-effective solutions
- Obtaining regulatory approvals and certification
- Continuing improvements and scaling up

Ensuring an inclusive participatory user-centred approach in design & collating evidence of efficacy

**Providing an interdisciplinary understanding of barriers and opportunities which will enable the scoping of a range of new key services**

# Top 10 Rehabilitation Technology Trends in 2023

## Rehabilitation Technology



848

Startups & emerging companies analyzed





# Barriers and Challenges

What problem is the technology actually solving, and do the stakeholders understand what it is?

How do you show that the technology is cost effective? What are the metrics?

Is the technology straightforward to set-up, integrate and maintain? Who will do this?

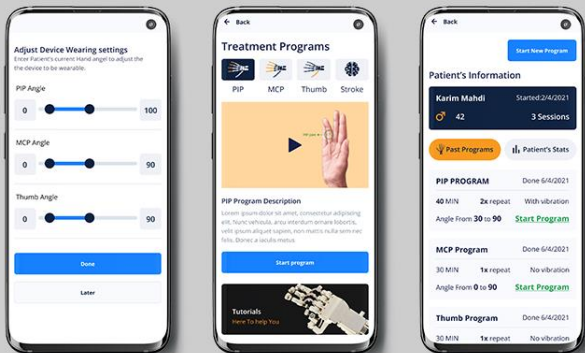
What skills and resources are needed to set-up, integrate and maintain the technology?

and accessible is the technology for the "end-user"?

ata from the system kept, who is responsible for it?

in place and capable of dealing with this additional intervention? How will  
thways change?

NUREAB







## From a Nordic Test Bed Study:

If an innovation is not useful in a care process,  
you are doing the entrepreneur a disservice if you cannot create an understanding of this



# People have a varying range of impairments which result in different accessibility needs



## Visual Impairments

- Varying visual acuity
- Limited field of view
- Light sensitivity
- Impaired depth perception
- Colour perception
- Blurred vision

## Cognitive Impairments

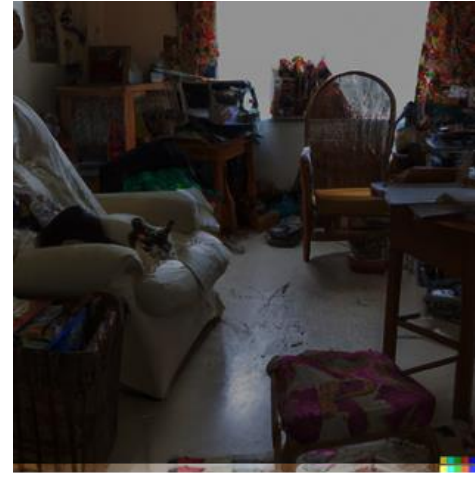
- Memory loss
- Reduced attention
- Language comprehension
- Spatial cognition
- Anxiety
- Reduced ability for multitasking

## Physical Impairments

- Weakness from Frailty
- Fatigue
- Balance problems
- Pain
- Reduced mobility

## Hearing Impairments

- Conductive Hearing loss
- Sensorineural Hearing loss
- Tinnitus
- Auditory Neuropathy
- Sensitivity to loud noises



**These impairments will also be affected by the spaces that people are in.....**



# Trailblazers Training Together

Trialling telepresence robots as part of a volunteer support scheme to encourage social interaction and increase physical activity to address frailty



**Healthier Together**  
Improving health and care in Bristol, North Somerset and South Gloucestershire

**Bristol ageUK** | **NHS** Bristol, North Somerset and South Gloucestershire Clinical Commissioning Group | **Bristol Health Partners**

**Robotics for Good** Smarter Living | **University of Nottingham** UK | CHINA | MALAYSIA | **KIRSTY BROWN FITNESS FOR LIFE** — Helping you create a healthy lifestyle —

# Self-directed Rehabilitation for Stroke

Enhancing self-directed arm exercise practice using a GripAble gaming device and Lycra arm sleeve in people with stroke



**UWE Bristol** University of the West of England | **brl** Bristol Robotics Laboratory

**BRISTOL after stroke** | **University of Nottingham** UK | CHINA | MALAYSIA

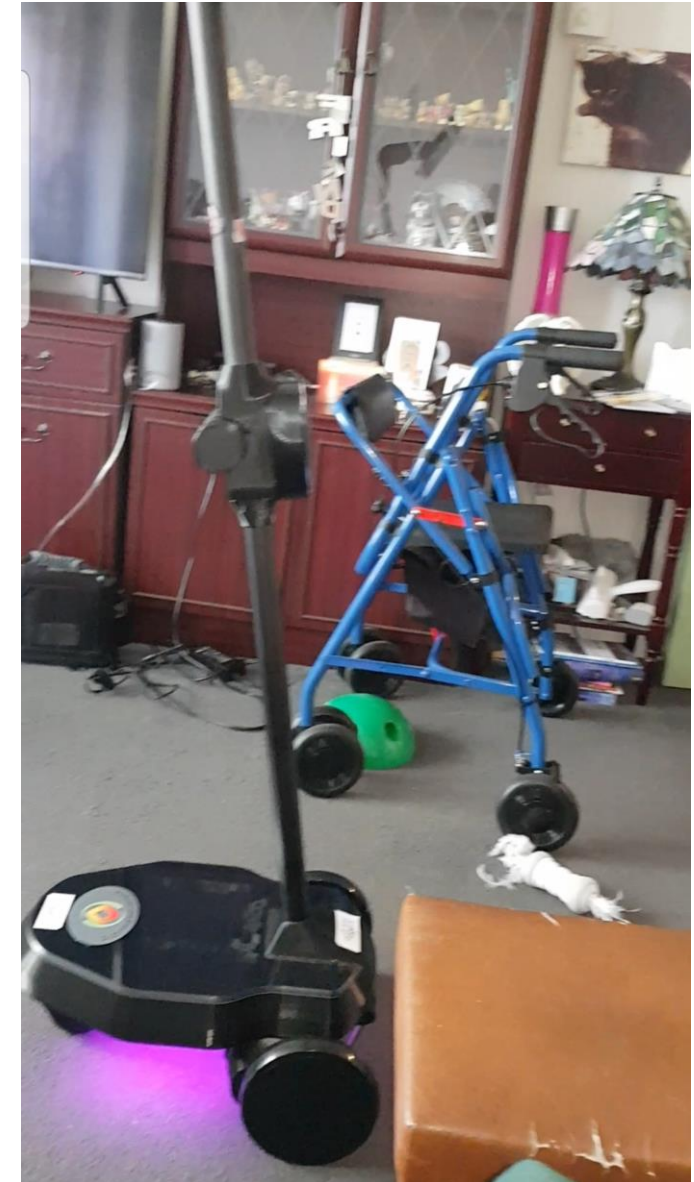


# Learning from Real-World Deployments of Technology

Social	Learning and Response
Anxiety about reduction of in-person visits	Identify those who actually do need much more human-human contact and consider the quality and quantity of interaction they are currently receiving
Can be seen as an imposition and chore	Gain better understanding of the clients' personal issues, such as time spent socially isolated or housebound Gain better understanding of staff roles and responsibilities
Anxiety about technology	Focus on purpose and provide evidence of benefit. Sharing of other user's stories
'Not for me'	Explore alternatives devices

# Learning from Real-World Deployments

Logistic	Learning and Response
Training – goes beyond just feeling confident to use the technology – need skills to interact and set it up	Bespoke training packages ‘Driving and Interaction Training’
Ensuring privacy	Dependent on the integrity of the volunteers
Safety	Remote monitoring of physiological information
Support and Maintenance	On-call service design
Clutter in the home and arrangement of furniture can limit how and where the robot can be moved	Consider whether the technology is the right solution for the client



# Learning from Real-World Deployments

Technical	Learning and Response
Lack of high bandwidth and low latency wireless connectivity	Mobile 5G sims – cost is an issue
Old buildings with thick walls	Mesh networks (to some extent)
Ambient noise	Directional microphones and speakers, speech to text
Lack of Accessible interfaces	Explore alternative augmentative communication devices
Lack of power sockets	Need infrastructure changes
Limited space for docking station and access (obstacles)	Setup adaptive collision avoidance thresholds



# Exploring Legal, Social and Ethical issues: Using the PICT Framework

Anna-Maria Piskopani, Research Fellow in IT Law

## People:

### Legal Rights

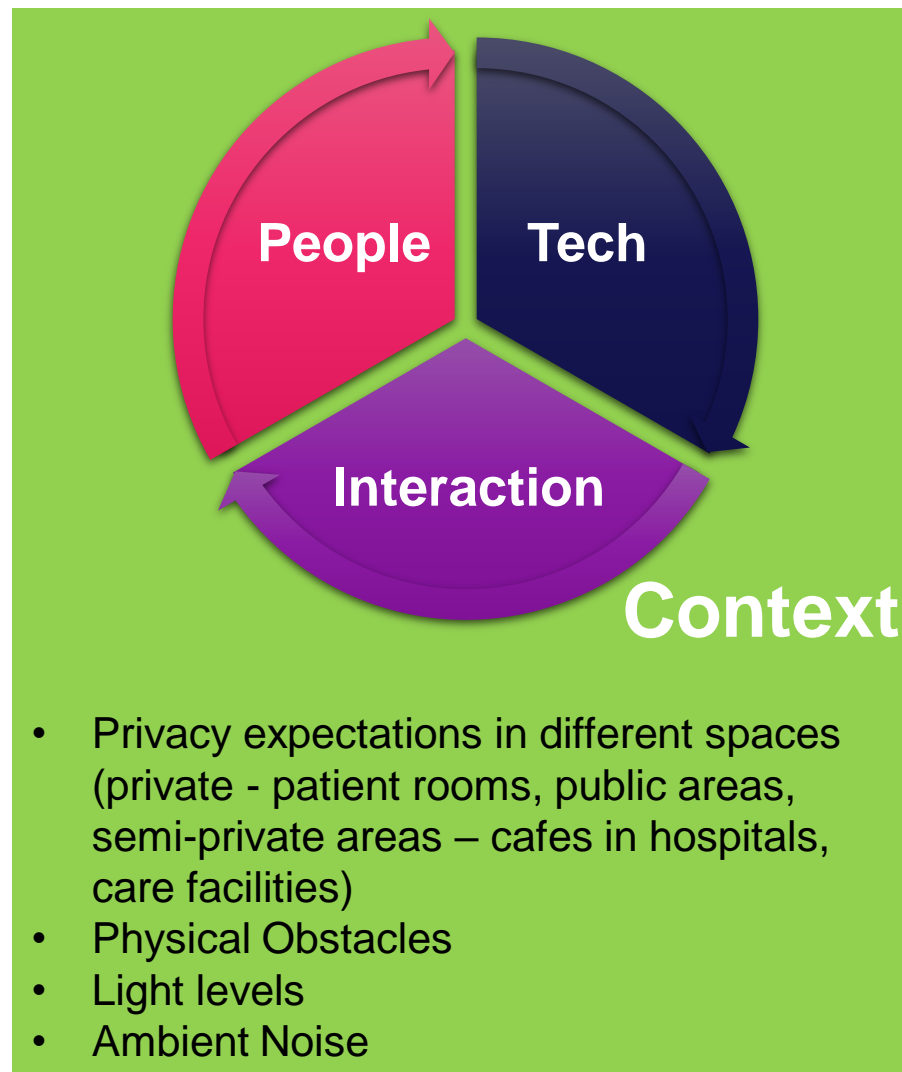
- Respecting privacy, freedom, autonomy, Identity, liability

### Social issues :

- Public acceptance/trust
- Ensuring wider community benefits
- Concerns over changing roles of those working in the health services
- Concerns over lack on patient/clinician interaction
- Concerns over increasing healthcare inequalities
- Concerns about the effects on the environment

### Ethical principles:

- Patient wellbeing/welfare
- Prevention of negative effects on vulnerable people: deception, social isolation, autonomy
- Prevention of harm (physical or psychological)
- Avoiding dependency



## Technology:

- Interoperability
- Sustainability
- Issues of malfunction
- Machine learning safety issues
- Medical Device Standards
- Copyright/patents law
- Data bias, fairness and equity
- Privacy by design
- Cyber Security (data breaches/malicious uses)
- Adaptability

## Human-Technology Interaction:

- Risks from poor understandability/usability of technology's function
- Safety during operation
- The degree of autonomy in decision making
- Accountability/transparency/responsibility/culpability
- Ensuring inclusion and diversity



The Topol Review

# Preparing the healthcare workforce to deliver the digital future

An independent report on behalf of the  
Secretary of State for Health and Social Care  
February 2019



## Empowering the Future Care Workforce Scoping Capabilities to Leverage Rehab Technologies through Co-Design

- Healthcare professionals
- Social care professionals
- Unpaid carers (family and friends)
- Informal assistants (volunteers)

<https://www.tas.ac.uk/research-projects-2022-23/empowering-future-care-workforces/>



# Who does **what** and **when** and **how often**?

- Rehabilitation technology safety assessment
- Initial configuration and setup (personalisation)
- Training the **user(s)** on how to use technology
- Verification of performance (human factors, clinical efficacy and safety)
- Updating the technology's 'behaviour' and operational parameters as the user's condition's changes
- Routine maintenance (cleaning)
- Scheduled maintenance (re-calibration and system performance testing)
- Breakdown support and repairs
- Ongoing system review of clinical efficacy





# Working with the NRC and Partners

## NHS Digital Technology Assessment Criteria

Clinical Safety

Data Protection and Privacy

Technical Assurance

Interoperability

Usability and Acceptability

### Regulatory Processes

- Medical Devices & CQC
- BSI and ISO Standards

### Benchmarking

- Reliability and Safety Testing
- Functional Performance Testing

### Evaluation

- Usability Study Frameworks
- User Experience & Acceptance

### Clinical Efficacy

- Evidence Base from controlled studies
- Trials setup and implementation support

### Cybersecurity Review

- Security Assessment
- Threat Intelligence

### Ethical and Legal Procedures

- Approvals processes
- Indemnity insurance

### Healthcare Innovation Support

- Business Value Proposition
- Financing and Marketing Services

### Care Workforce Education



PATIENT WARDS

STATE OF THE ART TEST EQUIPMENT

CLINICAL SERVICES AND DIAGNOSTIC FACILITIES

EDUCATIONAL PROGRAMMES



NHS Nottingham University Hospitals NHS Trust

MEDILINK East Midlands Academic Health Science Network Igniting Innovation



The Topol Review

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## Safety, regulatory and ethical considerations for the integration of assistive robotics

**May 8th, 2024**

12:00pm BST



**Emma Glass**

University Partnerships Manager, BSI



**Prof. Alan Winfield**

Professor of Robot Ethics, UWE

**July 3rd, 2024**

16:00pm BST



**Prof. Ronald Arkin**

Regents' Professor, Georgia Tech



**Elaine Gemmell**

Head of Regulatory Affairs,  
InnoScot Health

**September 11th, 2024**

12:00pm BST



**Prof. Jim Torrenson**

Professor of Computer Science,  
University of Oslo



**Dr. Natalie Leesakul**

Asst. Prof in Law and Autonomous Systems  
University of Nottingham

**November 13th, 2024**

12:00pm BST



**Sean Clarkson**

Head of Strategic Operations, YHAHSN



**Clive Gilbert**

Head of Accessible Transport,  
Policy Connect





University of  
**Nottingham**

UK | CHINA | MALAYSIA

A background image of the Earth as seen from space, showing the curvature of the planet and city lights at night. A white rectangular border is centered on the image.

**Thank You**



Rehab Technologies  
Network

# Breakout Groups

What would be useful to industry when looking to do R&I within the NRC, with university and clinical partners?







# Get in touch

Medilink Midlands



[info@medilinkmidlands.com](mailto:info@medilinkmidlands.com)

